

Key Stage 1

Year 1

Piece Number & Name	Learning Intentions ‘Pupils will be able to...’
Piece 1 Life Cycles	to identify the people who love and care for them and what they do to help them feel cared for start to understand the life cycles of animals and humans understand that changes happen as we grow and that this is OK
Piece 3 My Changing Body	know how my body has changed since I was a baby understand that growing up is natural and that everybody grows at different rates
Piece 4 Boys’ and Girls’ Bodies	identify the parts of the body that make boys different to girls and use the correct names for these: penis, testicles, vagina respect my body and understand which parts are private

Year 2

Piece Number & Name	Learning Intentions ‘Pupils will be able to...’
Piece 1 Life Cycles in Nature	recognise cycles of life in nature understand there are some changes that are outside my control and to recognise how I feel about this
Growing from Young to Old	tell you about the natural process of growing from young to old and understand that this is not in my control identify people I respect who are older than me
Piece 3 The Changing Me	recognise how my body has changed since I was a baby and where I am on the continuum from young to old feel proud about becoming more independent
Piece 4 Boys’ and Girls’ Bodies	recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private tell you what I like/don’t like about being a boy/girl

Piece 5
Assertiveness

understand there are different types of touch and tell you which ones I like and don't like
be confident to say what I like and don't like and ask for help

Key Stage 2

Year 3

Piece Number & Name

Learning Intentions 'Pupils will be able to...'

Piece 1
How Babies Grow

understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby
express how I feel when I see babies or baby animals

Piece 2
Babies

understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow
express how I might feel if I had a new baby in my family

Piece 3
Outside Body Changes

about the importance of friendships; strategies for building positive friendships; how positive friendships support wellbeing
understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies
identify how boys' and girls' bodies change on the outside during this growing up process
recognise how I feel about these changes happening to me and know how to cope with those feelings

Piece 4
Inside Body Changes

identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up
recognise how I feel about these changes happening to me and how to cope with these feelings

Year 4

Piece Number & Name	Learning Intentions 'Pupils will be able to...'
Piece 1 Unique me	I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm I appreciate that I am a truly unique human being that people who love and care for each other can be in a committed relationship (e.g. marriage), living together, but may also live apart. that a feature of positive family life is caring relationships; about the different ways in which people care for one another.
Piece 2 Having A Baby	correctly label the internal and external parts of male and female bodies that are necessary for making a baby understand that having a baby is a personal choice and express how I feel about having children when I am an adult
Piece 3 Girls and Puberty	describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this know that I have strategies to help me cope with the physical and emotional changes I will experience during puberty

Year 5

Piece Number & Name	Learning Intentions 'Pupils will be able to...'
Piece 1 Self-Image and Body- Image	be aware of my own self-image and how my body image fits into that know how to develop my own self esteem that a feature of positive family life is caring relationships; about the different ways in which people care for one another
Piece 2 Puberty for Girls	explain how a girl's body changes during puberty and understand the importance of looking after myself physically and emotionally understand that puberty is a natural process that happens to everybody and that it will be OK for me

Piece 3
Puberty for Boys and Girls describe how boys' and girls' bodies change during puberty
express how I feel about the changes that will happen to me during puberty

Piece 4
Conception understand that sexual intercourse can lead to conception and that is how babies are usually made
understand that sometimes people need IVF to help them have a baby
appreciate how amazing it is that human bodies can reproduce in these ways

Year 6

Piece Number & Name Learning Intentions 'Pupils will be able to...'

Piece 1
My Self Image aware of my own self-image and how my body image fits into that
know how to develop my own self-esteem

Piece 2
Puberty explain how girls' and boys' bodies change during puberty and understand the importance of looking
after myself physically and emotionally
express how I feel about the changes that will happen to me during puberty

Piece 3
Girl Talk/Boy Talk ask the questions I need answered about changes during puberty
reflect on how I feel about asking the questions and about the answers I receive

Piece 4
Babies - Conception to Birth describe how a baby develops from conception through the nine months of pregnancy, and how it is
born
recognise how I feel when I reflect on the development and birth of a baby

Piece 5
Attraction

understand how being physically attracted to someone changes the nature of the relationship
express how I feel about the growing independence of becoming a teenager and am confident that I can cope with this
to recognise that there are different types of relationships (e.g. friendships, family relationships, romantic relationships, online relationships)