

## WELLESLEY PRIMARY SCHOOL

### POLICY FOR PERSONAL, SOCIAL, HEALTH EDUCATION & CITIZENSHIP

#### **Rationale**

At Wellesley we believe that PSHE & C is vital part of all pupils' education and that it should underpin all their learning.

'Personal, Social, Health Education and Citizenship help to give pupils the knowledge, skills and understanding they need to lead confident, healthy independent lives and to become informed, active, responsible citizens.' (*National Curriculum Handbook p.136. 2000*)

#### **Guidelines**

Pupils should be helped to develop confidence and responsibility in order to make the most of their abilities. They should be taught:

- To recognise likes/dislikes, fair/unfair, right/wrong.
- To share views and opinions
- To deal with feelings, and recognise what they're good at.
- To set goals.
- Develop their skills to ensure they will be ready for work and be able to contribute to society in the future.

Pupils should be prepared to play an active role as citizens through:

- discussions and debates
- setting and following rules
- recognising choices and taking responsibility
- meeting the needs of people and other moving things
- looking after the natural environment.

Pupils should learn about the wider world and the interdependence of communities within it. They should:

- Consider social and moral dilemmas that they come across in everyday life
- Understand how their own choices and behaviour can affect local, national or global issues.
- Learn to appreciate the range of national, regional, religious and ethnic identities in the UK.

Pupils should be helped to develop a healthy lifestyle. They should be taught:

- personal hygiene
- rules for keeping safe
- about the spread and control of diseases
- how products including medicine can be harmful if not used properly
- the parts of the body
- the changes of puberty
- how to make choices to improve health and well-being

Pupils should be taught the value of good relationships and respecting differences between people through:

- listening, working, playing co-operatively
- learning to care for families, friends.
- Recognising how their behaviour affects others and what they can do to deal with inappropriate behaviour they encounter.
- Recognising the causes and effects of bullying.

Pupils should be supported as they face change throughout their school life, for example transition to another year group or school.

### **Delivery**

- PSHE & C will be delivered through structured lessons, circle time and incidental work (including break times) on a day to day basis. It may also form part of cross-curricular work.
- Teachers will plan for lessons using SEAL materials and the Folens scheme of work.
- Circle times will follow the Jenny Mosely 'Quality Circle Time' model.
- In KS1 Children will have weekly circle times that last approximately half an hour. They will spend half an hour on PSHE & C and SEAL work. In KS2 circle time will be extended to 45 minutes, as well as PSHE & C and SEAL work.
- Teachers will be encouraged to invite visitors into school to enrich the PSHE&C curriculum as well provide expert advice, e.g. the School Nurse, our Road Safety Officer.
- Assemblies will also cover aspects of the PSHE&C curriculum
- All teachers will be able to nominate 'Citizens of the Month' who will receive certificates and have their photographs displayed on the citizenship board.
- All children will be involved in class councils and children in Years 2-6 will vote for class representatives on the School Council.
- Children will be encouraged to join in with whole school initiatives such as fund-raising for charity or Healthy Eating Weeks.
- Children in KS2 will be given the opportunity to act as playtime buddies and children in Year 5 & 6 will be offered the chance to train as peer mediators.

### **Monitoring and Assessment**

Planning for PSHE&C will be monitored each term by the PSHE&C co-ordinator  
Observations of teaching and learning will take place as part of the monitoring cycle.  
Pupil conferences will be held annually to discuss issues relating to PSHE&C.  
Each child will keep a file of work completed in PSHE&C lessons as evidence of learning.

Teachers will keep an ongoing log of pupil's achievements and understanding in PSHE&C.

Parents will receive an annual written assessment of their children's progress in PSHE&C.

There will be opportunities for staff development through staff meetings, INSET and training courses.

### **Conclusion**

Children at Wellesley will be taught the knowledge, skills and understanding which help them to develop personally and socially. This will enable them to tackle many of the issues which are part of growing up and which will help them to become responsible citizens of the future. This work will cover many aspects of the Every Child Matters Agenda as well as from the South Gloucestershire Charter for Children and Young People.

This policy should be read in conjunction with:

Sex and Relationship Policy

Drug Education and Drug Related Incidents Policy

Inclusion Policy

Anti-Bullying Policy

Rewards and Sanctions Policy

Food in School Policy

Reviewed; Spring 2011

Review Date: Spring 2012